

# WESTFORD

## Community Business and Farmers' Market Brochure



### Fall and Winter 2007-08

#### BREAD AND ROSES FARM

Name: Chris Siegriest and Laura Williams  
Location: Westford

Certified Naturally Grown vegetables, herbs, and flowers

Produce available throughout the season includes: beans, broccoli, carrots, celeriac, corn, cucumbers, salad mix, kale, lettuce, leeks, melons, onions, peas, peppers, winter squash, radishes, spinach, summer squash, swiss chard, tomatoes, turnips, basil, chives, cilantro, dill, parsley, mixed flower bouquets.

If interested in a 2008 CSA share, please send your mailing address to the email address below, and we will send you a brochure this winter.

Contact info: [breadandrosescsa@riseup.net](mailto:breadandrosescsa@riseup.net)  
802-922-6782

#### BRIMBERRY'S BERRY FARM

Name: Bruce A. Smith  
Location: Essex

Blueberry Farmer, "A man outstanding in his field."

Items offered: Blueberries, starting in mid-July. My farm is on the Essex-Westford town line, so although the soil is Essex soil, my berries frequently breathe Westford air. These berries won a blue ribbon at the 2006 Champlain Valley Fair.

#### CAMPAGNOLA FARMS

Name: Mary Campagnola  
Location: Westford

Campagnola Farms is a small self-reliant homestead, which relies on a "Back to the basics, earth-friendly" philosophy. A large variety of crops and livestock are raised on a very small scale in order to make our household as self-sufficient as humanly possible. If any surpluses occur, these are then sold directly to the public, many times at very reasonable rates!

Typical items offered: Hand-made milk and olive oil based soaps, aromatherapy bath salts, seasonal herbs and vegetables from the garden, farm-fresh eggs, homemade tomato puree and catsup, Italian pastry items, and an assortment of country craft items.

Contact info: <http://campagnola.50webs.com>  
[marydamooch@yahoo.com](mailto:marydamooch@yahoo.com)

#### COOL MOON YOGA

Name: Julie Nelson  
Location: Westford

A local studio dedicated to serving our community with small-group yoga instruction and meditation practices. We are located in a peaceful country setting with stunning views. Relax and renew in our fully equipped practice space, complete with eco-friendly bamboo floors.

We offer weekly classes for all levels as well as specialty classes and workshops. Beginners are especially welcome! You may join classes at any time.

Contact info: [www.coolmoonyoga.com](http://www.coolmoonyoga.com)  
[julie@coolmoonyoga.com](mailto:julie@coolmoonyoga.com)  
802-343-0165

#### EMILY'S COOKIES

Name: Emily McGill  
Location: Westford

Items offered: Chocolate chip, peanut butter and sugar cookies. Will attend Farmers' Market intermittently.

#### HILLTOP MAPLE AND HONEY

Name: Russ and Penny Aceto  
Location: Fairfax

Locally produced syrup and raw unfiltered honey made by happy bees. We use only natural methods of controlling mites and other bee pests.

Typical items offered: Various grades of maple syrup and seasonal honey varieties from locally

foraged flowers, beeswax also available as supplies permit, and occasional flower bouquets available.

### HOMEOPATHY

Name: Patricia Hechmer

Location: Westford resident, offices in Burlington and Jeffersonville,  
Option of seeing clients in Westford

Safe, Gentle Healing with Natural Remedies

Practiced worldwide, homeopathy is a natural system of safe, gentle healing, treating the whole person by working to strengthen inner health rather than merely suppress symptoms. It has a wide spectrum of uses from first aid to acute and chronic conditions. Homeopathy is safe (no drug interactions, no toxic effects, safe for infants, children, pregnant and nursing women, and the elderly).

I enjoy working with clients one on one. I also teach classes to empower people to use homeopathic remedies for everyday ailments and minor injuries.

Grateful for the deep healing homeopathy has provided me, I have been studying homeopathy since 1996. I completed four years of professional education in New York City and continue with postgraduate training.

Contact info: 802-878-3725

### JANET FRANZ AND PERRY BLAND

Name: Janet Franz and Perry Bland

Location: Westford

Typical items offered: Pies, sweet breads, seasonal vegetables, and apples.

### LONGINA'S DESIGN

Name: Longina Smolinski

Location: Westford

A unique collection of individually hand-painted glassware and porcelain featuring Vermont and other themes

Typical items offered: Wine, margarita, martini, champagne glasses, vases, plates, platters, bowls, as well as glass and porcelain ornaments.

The designs include Blueberries, Rainbow, Daisies, Maple Leaf, Cardinal, Fiesta and many more. The gifts are great for weddings, birthdays, anniversaries, holidays, other ceremonies, or for you! This Christmas, look for hand-painted glass and porcelain ornaments, including: snowflakes, pinecones, snowman and snow lady, cardinal, holly leaves, Christmas lights, and Christmas tree.

Year-round my products are available at:

-**Granite City Craft Gallery** in Barre, located in the newly remodeled Old Firehouse at 8 South Main Street.

-**Candles Creations**, 150 Dorset Street, in the Blue Mall, South Burlington.

-**Vermont Holiday Craft Shop** in University Mall on Dorset Street, South Burlington. (Nov.- Dec. only).

You can always email me to get what you wish for Christmas or anytime of the year at:  
longinasdesign@yahoo.com

Gifts can always be personalized and shipped.

### MOLLYBEAN BREADS

Name: Mark and Bree Drapa

Location: Westford

Locally baked breads and pastries using quality ingredients and no additives or preservatives

Typical items offered: Bread varieties such as Whole Wheat, Country White, Oatmeal Wheat, and Seven Grain. Pastries include blueberry scones, brioche, muffins, and many more seasonal items.

The Westford Farmers' Market is held mid-June to late October at the Westford Town Common.

Friday 4:00pm – 6:30pm

For information on being included in this brochure, Contact Christopher Dawson at:  
802-872-9776